



SEX & RELATIONSHIP EDUCATION POLICY

Chelsea Independent College promotes Fundamental British Values and as part of that believes in the teaching of Sex and Relationship Education as promoted in 21stc Britain with respect to other cultures, within our multicultural college environment.

Pupils are given comprehensive scientific and medical information in a moral framework. The Sex & Relationship Education Programme emphasises the need for a responsible attitude towards sexual relationships, draws attention to emotional implications, and raises moral issues. Pupils are encouraged to consider their religious tradition and to respect the traditions of others.

The PSHE programme comprises a myriad of topics including Fundamental British Values, Anti-Bullying and Mental Health. Approximately 20 per cent of the sessions are devoted to Sex and Relationship Education. Parents are entitled to withdraw pupils from sex education classes. The Head of Year will discuss the matter fully if such a request is made.

In **Year 10 PSHE** cover the topic of Reproduction and Adolescence. This includes a study of how physical and emotional changes occur throughout puberty and adolescence. The course content also encourages a responsible approach to sexual relationships and parenthood, whilst studying developments from conception to birth.

In **Year 10 PSHE**, following a video about puberty, '[Inside Puberty: What are the stages of Puberty](#)', a female Science teacher talks to girls about menstruation. The boys have a lesson with a male Science teacher about puberty and body changes in adolescent males.

A qualified nurse, experienced in giving presentations in schools, talks to all pupils about sexual relationships, sexually transmitted infections and contraception in an age appropriate setting.

In **Year 11 PSHE** pupils study the rites of passage in major world religions. Attitudes and beliefs surrounding birth and marriage are examined.

Sexual relationships are discussed in **PSHE**. The beliefs of the major world religions are taken as a starting point and attention is drawn to emotional and moral implications of sexual relationships.

With regard to their age and level of maturity pupils may discuss controversial and sensitive topics in class. Examples include homosexuality, abortion, fertility treatment, adoption, parenting, and single parenthood.

The School Nurse is available to give advice and information, in confidence, to individual pupils on contraception and sexual health matters. Teachers do not give advice to individual pupils on contraception or sexual health.

If you would like further information, or wish to discuss Sex & Relationship Education provision, please contact Dr Daliya George (Head of Year).